

Theory of Change – Playmaker Program*

INPUT

Peer leader education

Collaboration and organising in a volunteer setting

The Playmaker can communicate in different fora

The Playmaker can plan, and act, based on knowledge about the structure of the programme

The Playmaker can work within GAME's framework

Plan & implement inclusive street sport activities

The Playmaker can structure a practice in a suitable way

The Playmaker can convey drills and instruct practices that promote life skills

The Playmaker can reflect on her or his own coaching style

Pedagogical approach based in street sport and street culture

The Playmaker knows about the significance of her or his own behaviour, conduct and attitude

The Playmaker is mindful of children's diverse backgrounds and bases for participation

The Playmaker understands and acts in accordance with GAME's culture and history

Support and collaboration

Local awareness of GAME's activities

Support from GAME office

Collaboration with local stakeholders

Local organisational support

ACTIVITIES

GAME practice characteristics

Peer leadership and role modelling

Structure and differentiation

Inclusive and street wise pedagogical approach

"Life skills" promotion

Peer leader engagement

Peer leaders are part of GAME and participate in GAME activities

Local participation (activities, support, group meetings)

OUTPUT (peer leaders)

Personal experiences

Experience with organising and leading activities

Broadening one's horizon

Understanding and experience with pedagogical tools and conflict management

Social experiences

Being part of a diverse and positive community

Group work in a voluntary setting

Contact with and knowledge of local stakeholders

Recognition and being trusted and relied on

Awareness

Understanding their sport and the potentials of sports participation

Increased awareness of how you can contribute to your local community and the everyday lives of children and youth

OUTPUT (participants)

Interaction

Interaction with a peer leader who is an older role model

Social environment

Being part of a community based on inclusive and positive values

Being part of a diverse community

Experiences

Recognition and appreciation

Experiences of having fun and succeeding

Experiences with PA participation

OUTCOMES

Short-term outcomes

Body awareness

Handling stress and emotions

Physical activity self-efficacy

Motivation for physical activity participation

Mental wellbeing

Social relations

Social competences

Sports participation

Long-term outcomes

Increased physical activity and reduced sedentary behaviour

Increased physical, mental and social wellbeing

Feeling part of a societal community

*note: blue relates to volunteer 'Playmaker' youth; green relates to participant children